



Freeze Dance Rules by Menghini

1. Use your own space. Don't touch anyone
2. Stay on the dance floor. You may travel/dance
3. Be safe. Be mindful of what is around you. No pushing
4. Listen or Sing. Noooooooooooooooooooooooooooooo talking
5. The risers are for sitting not dancing
6. Dance and have fun! Show the sounds you hear in the music.